

## Training

Darren (Care), Ms Higgs, Louis and his Dad will be running the 10K race on Sunday 12th April, in Brighton. They are all practising their running to improve their fitness levels ready for the big day, when they hope to raise money for a fitness trail at HLSC.

Keep on running, team!

Here is a picture of Darren running at full speed.

<https://mydonate.bt.com/fundraisers/bm10k>



## Painting

Sarah painted Spiderman for Lenny and Rosie painted a picture of Goofy.



## It's a Date!



On Saturday 20th June

it will be HLSC's second annual Summer Fete. Following on from the brilliant success of last year's fete, we are expecting even more people to come from far and wide to join us in the many activities that will be on offer this year.

**20th June, make it a date... put it in your diary!**



## Yummy Pudding

Peter and Andrew made a bread and butter pudding this week. They made it without any help from staff and used Peter's own recipe.

Peter was the head chef and Andrew was his assistant. Well done boys, you created a masterpiece!

# Hamilton Lodge

## School & College Newspaper

Friday 20th March 2015 Issue no: 1210 — Est. 1981 (32 years ago)

Weather: Sun and cloud this weekend.



[www.hamiltonlsc.co.uk](http://www.hamiltonlsc.co.uk)



## Drama Visitors

On Wednesday a group of University of Reading drama students came to spend the day at HLSC. They showed us a performance and also ran 4 different drama workshops. In the morning, Year 9 & 10 did 2 workshops - one about Abusive relationships and the other about the Israeli-Palestine conflict. In the afternoon - Year 11 & FE did two more workshops - Relationships/Sex Education and Human Rights.



It was a fantastic day! The topics were interesting and everyone enjoyed the Reading students' performances and group discussions.

Mr Kent said "Everyone learnt lots".



## Wedges



On Tuesday evening at No. 34, the FE students cooked up some smoked paprika sweet potato wedges, topped with homemade barbecue sauce. They loved them!

Hungry yet?  
— Naomi (Care)

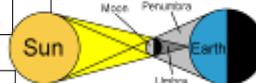


## Solar Eclipse

On Thursday in assembly, 11T did a special assembly about solar eclipses. They made a film to show why eclipses happen and how to watch them safely.

On Friday everyone went outside at 8:45 to watch the real eclipse. Unfortunately it was cloudy.

The last total eclipse in England was in 1999 and the next one won't be until 2090. The next eclipse visible in Brighton will be 2021



## Hot Chocolate

After football practise on a cold night, there's nothing better than a warming mug of hot chocolate.



## Year 10 Cooking

Some fabulous work from year 10 this week for their independent cooking assignments. They have cooked salmon with pickled vegetables, sushi, fennel spring salad, pizza pinwheels and lots more. The skills were fantastic. More to cook next week.



## Hockey

At Hockey Club on Tuesday, David and Catherine were interviewed by a BBC reporter. The interview will hopefully be shown on Friday evening.



## Red Nose Total

Thanks for donating.



£68.86

## French Visitors

We had some French visitors on Monday. They are deaf and visiting the UK to compare schools and provision for deaf people. Our FE students showed them around and talked to them about life at HLSC. They enjoyed their visit very much.



## Shine On, Georga

On Monday evening, Georga played her first gig at The Latest Music Bar in Brighton. She was a little bit nervous to start but kept going. Georga's parents and friends came to watch and were very impressed. She performed 4 songs on acoustic guitar in her 'Shoegaze' band.



Here is a picture of Georga with her tutor, Terry.