

Hamilton Lodge

School & College Newspaper

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Weather: Rain but warmer.

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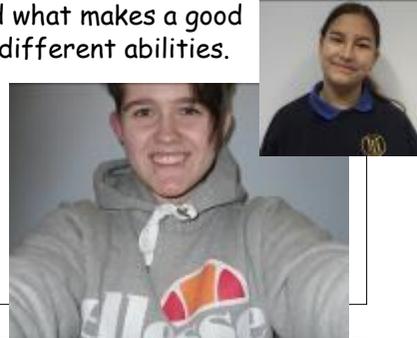


Sports Leaders

Congratulations to FE students Gemma and Curtis and to pupils Ayeshaa, Oliver and Gabriel on achieving their Sports Leader UK Level 1 Award in Sports leadership. Certificates were given out in assembly today.

They had to lead PE sessions and also understand what makes a good leader and how to manage groups of pupils with different abilities.

A special well done to Gemma who has been awarded a Spirit of Leadership Award to recognise her outstanding leadership skills and also Ayeshaa who received the special "Hamilton Lodge Award" for great leadership and attitude.



Homemade Burgers



On Wednesday evening, Luke did fantastic cooking helping to make burgers and potato wedges with Kai.



Housepoints

Last week the score was
Blue 16 Yellow 14

This week **Amina** got a point for
Blue Team. Well done!

Blue 16 Yellow 15



Swimming

Well done to Scott for swimming
25 metres of
front crawl
without taking a
rest. He received
a certificate in
assembly today.



FE Work Experience

Andrew Kensit is studying Catering Level 1 at college. On Wednesday morning he started work experience at St. George's Church Community



Café. On his first visit Andrew quickly impressed the café manager with his professional attitude, and she was very keen to welcome him to join the team. This week, Andrew worked hard alongside the chef doing a range of jobs and helped to prepare lunch. Andrew said, "It was a fantastic experience, I learnt lots and would like to work for longer next week! After a hard day's work, Andrew was happy when the chef gave him a cup of tea and some cake!

Well done Andrew, what a great start, we're really proud of you!
— Ms Frankel



Calais Jungle Trip

Emma who works on the HLSC website and school events has planned a special trip to volunteer at the Calais Jungle in France. This is a refugee camp with nearly 3000 people including children living in tents and under sheets of plastic. She is helping to fundraise and help a School Bus project to help children learn. There are

no buildings, or streets. Photos show fields of mud, rubbish and very poor conditions. Emma says "I am raising money and helping because I think all children have the right to go to school."

Hidden Sugar

How much sugar is hidden in your food?

Download the *Change4life Sugarsmart App* on your mobile or tablet and scan the barcode of your food – You may be surprised to see how much sugar is there. Mrs Trabucchi said, "I think this is a fantastic app!"



Deaf Footie

This weekend Brighton & Hove Deaf FC will play St. Albans away. Good Luck Team!



House Prize

The winner this week is **Scott**

Swimmers

Rosie and Lucy went swimming last on Wednesday night with staff. They both enjoyed it.



Gluten Free Cakes

11T have been learning about food intolerances. They made two kinds of gluten free cakes with Mrs Trabucchi. The cakes were Banana and Carrot. They asked staff to sample both cakes. Miss Caiels (Deaf Studies) said the cakes were delicious – better than her own baking!

Derby

The Girls footie practice is going well. They are in preparation for the 5 a side competition in Derby. Some FE boys have been helping the coaches at the training sessions. Special thanks to Leon (FE).



Coffee Machine

FE staff are happy because they have a new coffee machine. They are enjoying different flavoured coffee.



What the World Eats

Ms Higgs Showed Mrs Grant an interesting link on Facebook. It talked about and showed photos of what different families around the world eat in a week. Mrs Grant showed everyone in assembly. It is fascinating to see the differences in what people eat and how much they eat around the world.

Chad

Germany



Lovely Milkshakes!

Some students have been making milkshakes linked to their work with Mr Kent and Miss Caiels on different countries. This week... America!

